

Appendix C:

Public Health Activity Report: Examples of patient/client contacts with Barnet public health funded services in 2016/17

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Overall

- The Barnet Public Health Team works to improve and protect the health of all Barnet's 386,000 residents¹, through partnership working with Barnet Council, Barnet Clinical Commissioning Group (CCG), and Barnet voluntary community groups.

Child Health

- Targeted group programmes provided support to 693 overweight school children, helping them to lose weight and maintain a healthy weight².
- As of June 2017, 101 Barnet schools were registered on the Healthy Schools London awards programme (the highest number in London), supporting pupil health and wellbeing².
- Forty-seven shisha workshops were delivered to Barnet school children in the shisha campaign, raising awareness of, and helping prevent, smoke-related harms².
- Shisha posters placed around Barnet's high streets and bus stops had over 27 million potential opportunities to be seen².
- A total of 2,238 Barnet young people had contact with the contraception and sexual health (CaSH) service. Twenty-six sessions of sex and relationships education and sexual health awareness were delivered to young people across six school sites, helping reduce the risk of unplanned pregnancy and sexually transmitted infections².

Adult Health

- A total of 6,498 Barnet adults received an NHS Health Check in 2016/17, reducing their risk of long-term health problems².
- The Barnet CaSH service was used by 12,638 patients (an increase of 1,561 patients from 2015/16)².
- A total of 15,974 Barnet residents attended the genito-urinary medicine (GUM) service².
- Over 10,600 volunteer hours were given to Ageing Well projects, with Barnet residents taking part in over 44,700 hours' worth of new activities (2015/16 figures)³.

- Over Winter 2016, the Barnet Winter Well scheme²:
 - Allocated 22 individual grants to help with heating and insulation costs.
 - Distributed 68 winter warm packs and 13 emergency heaters to vulnerable residents.
 - Engaged with over 142,000 residents via borough-wide advertisements (e.g. in *Barnet First* magazine and the resident's e-newsletter).

Mental health and emotional wellbeing

- Family health coaches supported 81 families, aiding their mental health and emotional and physical wellbeing, and 78 families received support from perinatal mental health coaches through Barnet Home-Start².
- The Making Every Contact Count (MECC) programme trained 147 frontline staff members and volunteers, enabling them to provide health and wellbeing support to residents².

Substance misuse

- Barnet Stop Smoking Services helped 785 people to decide to quit smoking (i.e. setting a quit date); 232 people successfully quit.
- Specialist adult substance misuse services⁴ enabled:
 - 533 opiate-using clients to complete treatment, with 47 clients successfully quitting.
 - 70 non-opiate-using clients to complete treatment, with 22 clients successfully quitting.
 - 81 alcoholic clients to successfully quit.
- Each quarter, an average of 65 children and young people were in treatment in Barnet Young People's Drug and Alcohol Service⁴.

¹ Office for National Statistics, 2017. 2016 mid-year population estimates.

² Barnet Public Health Team, 2017.

³ Barnet Adult social care, 2017. Available at: <https://www.barnet.gov.uk/citizen-home/adult-social-care/Barnet-Ageing-Well-programme.html>

⁴ National Drug Treatment Monitoring System, Adult Partnership Activity Report. Report generated on 06/07/2017.